

# COMPASSIONATELY ROOTED

COUNSELING AND THERAPUTIC PRACTICES

**SCOTT W. MATES, LCSW**

1901 Huguenot Road Suite 310  
North Chesterfield, VA 23235  
Scottmateslcsw.com

P: (804) 464-7202  
F: (804) 414-7742  
Scottmateslcsw@gmail.com

## CLIENT FACE SHEET

Today's Date: \_\_\_\_\_ Referred By: \_\_\_\_\_

Entire Name: \_\_\_\_\_

DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_ SS#: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ Zipcode \_\_\_\_\_

Contact Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Best Contact#: \_\_\_\_\_

If applicable, Parent(s) Name: \_\_\_\_\_ Best Contact #: \_\_\_\_\_

Primary Insurance Company: \_\_\_\_\_

Policy Number: \_\_\_\_\_ Group Number: \_\_\_\_\_

Insurance subscriber: \_\_\_\_\_

Insured's employer: \_\_\_\_\_ Relationship to subscriber: \_\_\_\_\_

Subscriber's DOB: \_\_\_\_\_ Subscriber's Social Security: \_\_\_\_\_

Subscriber's Address: \_\_\_\_\_ City \_\_\_\_\_ Zipcode \_\_\_\_\_

If under the age of 18, Parent(s)/Guardian must sign giving consent to provide services.

\_\_\_\_\_  
Signature and relation (self/parent/guardian)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of additional client including minor

\_\_\_\_\_  
Date

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## INFORMED CONSENT AND SERVICE AGREEMENT FOR THERAPEUTIC SERVICES

Welcome to Compassionately Rooted Counseling and Therapeutic Practices. I, Scott W. Mates, LCSW Registered Play Therapist, provide psychotherapy and play therapy sessions to clients on a fee for service basis. Psychotherapy is a professional relationship between a client and a therapist that involves both risks and benefits. You have rights and responsibilities as a client and I have rights and responsibilities as a therapist. This document serves as an agreement between you (the client) and me (the therapist). The law requires that we obtain your signature acknowledging that we have provided you with this information at the first session. **Although these documents are long and sometimes complex, it is very important that you read them carefully.** We can discuss any questions you have about the procedures at that time.

### BENEFITS AND RISKS

Psychotherapy has both benefits and risks. Risks may include experiencing uncomfortable feelings, such as: anxiety, depression, guilt, frustration, anger, loneliness, and helplessness because psychotherapy often involves discussing some difficult aspects of your life. It is important to share that research has revealed that psychotherapy can yield long term benefits. You are responsible for being an active participant in your therapy and care. Therapy often leads to a significant reduction in distress and mental health symptoms while improving quality of life, relationships, self-awareness, insight, and improved problem solving skills. There are no guarantees about what will happen. To yield the best results, it is important for you to be active in your treatment plan goals, participation, and follow through with practices outside of session. Therapist has the right to terminate the therapeutic relationship. Should termination occur, therapist will provide a list of referrals if appropriate.

### APPOINTMENTS: SCHEDULING AND CANCELLATION

Typically, sessions are 45-55 minutes in duration and occur once a week; although, sessions can be more or less frequent as needed and depends on what is clinically appropriate. When you have a scheduled appointment, it is set specifically for you. If you are unable to keep your appointment, I ask that you call and cancel your appointment at least 24 hours prior to your scheduled session time. Since I am only able to see a limited number of clients, my time is very precious. It actually takes more than the 24-hour period to fill your empty slot—often several days—so as much notice as you can give would be preferred. **Appointment times that are cancelled without a 24-hour business day (does not include weekends and/or holidays) notice and it is not an emergency and/or event outside of your control will incur a fee of \$70.00.** Please note that events do not include illness. It is important to note that insurance companies do not reimburse this fee and you will be responsible for the full payment and payment will be deducted from your credit card that is kept on file. In addition, it is important to share that if you arrive late, your appointment time will still end on time. If you engage in chronic missed appointments (3 missed appointments will be permitted), I reserve the right to

discontinue services at which time you will be responsible for obtaining a new therapist. If you miss an appointment and do not contact therapist within 7 days to reschedule, it will be assumed that you have decided to terminate services and you are responsible for obtaining a new therapist or reinstating your services with me. When you discontinue scheduling sessions, you will be discharged after 2 weeks of non-attendance in therapy when special circumstances have not been discussed.

It is important for you to understand that you may not always have the ability to reschedule easily for the same week in which you cancelled or missed an appointment. You may not always be able to secure times for your child for after-school appointments as these are the most popular times, so they are scheduled out soonest. However, I will always do my best to work with you on your scheduling concerns. I do not see clients on weekends.

### **PROFESSIONAL FEES**

My practice is a fee-for service practice, which means that your payment is expected at the end of each session unless we make other arrangements. I will submit electronic insurance claims to your provider if you request me to do so.

#### **Schedule of Fees:**

Initial Assessment: \$160

Subsequent Sessions: \$140

Late Cancellation Fee: \$70

No Show Appointment: \$140

Returned Check Fee: \$50

Treatment Letter Request (fee based on length of time required)

Record Copying fee: \$10 and per page rate

Court Fees: **SEE COURT ACTION/LEGAL FEES ADDENDUM**

If you refuse to pay any incurred fees, I reserve the right to use an attorney or collection company to obtain finances for services as agreed upon in this service agreement as well as the cost incurred to me to obtain payment for services. I also reserve the right to increase fees in the future to a reasonable amount and you will be given adequate advanced notice should this occur.

In addition to weekly appointments, it is my practice to charge a pro-rated fee of the hourly cost for other professional services that you may require such as report writing, telephone conversations over 10 minutes, attendance at meetings or consultations which you have requested, or the time required to perform any other services which you may request of me that is in my scope of practice. There is a separate court appearance policy that you will be required to review and sign.

### **CONTACTING ME**

**Telephone:** All clients have the ability to contact me via phone with the phone number provided: **(804) 464-7202**. My line is direct and has a confidential voicemail. Please do not attempt to contact me via text messaging as I do not communicate with clients via text message. If you make an effort to contact me via text messaging, I will not respond. Please note that due to my work schedule, I am often not immediately available by telephone and I will not answer the phone when I am with a client. I do not offer 24-hour care. I often cannot be reached after 8pm during the week and cannot be reached during weekends/holidays. When I am unavailable, my telephone is answered by a confidential voicemail that I monitor frequently throughout the

day during the work week. I will make every effort to return your call within 24 hours, with the exception of weekends and holidays. Sometimes because of my workload, it may take between 24 and 48 hours for me to return calls of non-urgent matters. If you do not receive a call back, please assume the message has been lost and try contacting the office again. If for any reason you are experiencing a life threatening emergency or mental health crisis, please call 911. You may contact your local County Crisis Services as well: Richmond: 819-4000, Chesterfield: 748-6356, Henrico: 261-8484, Hanover: 356-4200 or go to your local emergency department. I will make every attempt to inform you of any planned absences of mine. Please also note that to be fair to both of us, if you need to talk between sessions, then I will charge for any telephone conversations lasting longer than 10 minutes.

**Email:** Email communication is not secure, and could be read by others as messages are stored on remote servers. If you choose to contact me via email you are accepting those privacy risks. I recommend using email for scheduling and administrative purposes, rather than a means of communicating and engaging within discussion which includes personal and identifying information regarding my clients. You should also know that any emails I receive from you and any responses that I send to you become a part of your medical record. Please note that I do not conduct therapy across email.

**Social Media:** I do not interact with clients using social media. I will not accept friend or contact requests from current and/or former clients on any personal social networking sites (Facebook, LinkedIn, Instagram, Twitter, etc.). If you have any questions about this, please bring them up when we meet and we can talk more about it.

#### **CONTACTING ME & OUTSIDE CONTACT**

My professional ethics require me to avoid dual relationships with clients, which means that I do not socialize or create friendships or romantic/sexual or business relationships with my current or former clients. If our paths cross outside of counseling, to protect your privacy, I will not approach or acknowledge you unless you do so first. If you decide to say hello to me in public, I would definitely welcome that, but I will not introduce you to the person(s) I am with to protect your privacy. You should also know that if I am with others, then it may be best to avoid any acknowledgement because those I am with will ask about our association and although I will not provide them with any information, your confidentiality on some level will be broken.

#### **INSURANCE COLLABORATION**

I participate with various insurance provider panels. If you have health insurance with a company that I am paneled with, I will submit claims for my services to the insurance company as a courtesy. **You are expected to pay your copayment at the time of EACH scheduled session.** If your insurance company does not reimburse your claim, you are ultimately responsible for the entire cost of services I provided to you. If I am not a provider for your insurance company, you may have access to “out-of-network” reimbursement for your payment to me. It is your responsibility to know your insurance coverage and for letting me know if you have changes in your insurance. You authorize me to submit claims to your insurance company and any supporting information or documentation regarding services provided and reimbursement.

You should also be aware that insurance companies require you to authorize us to provide them with a clinical diagnosis. Sometimes we have to provide additional clinical information such as treatment plans or summaries, or copies of the entire record (in rare cases). This information will become part of the insurance company files and will probably be stored in a computer. Though all insurance companies claim to keep such information confidential, we have no control over what they do with it once it is in their hands. In some cases,

they may share the information with a national medical information databank. It is important to remember that you always have the right to pay for our services yourself to avoid the problems described above.

### **RECORDS AND DOCUMENTATION**

I am required to keep records of the therapeutic services that I provide to you. Your records are maintained by an electronic health record software and a secured location behind locks. I keep brief records that notate you were seen, your reasons for seeking therapy, your diagnosis, your treatment plan, topics we discuss, your medical, social, and treatment history, records obtained from other providers who are involved in your care, and your billing records. Except in unusual circumstances that involve danger to you, you have the right to inspect your file and have the right to a copy of your file which incurs a flat fee (\$10.00) and a fee for copying based on number of pages (pages 1-50 at \$.50 per page; pages 51+ at \$.25 page). Because these are professional documents, they may be misinterpreted and or upsetting to read by untrained readers. For this reason, I recommend you initially review your documents with me. I require that a request for copies of medical records must be in writing, dated and signed by the person making the request, and include a reasonable description of the records sought. Please allow up to 15 days for this request to be filled. The only way that I issue medical records is in hard-copy paper format. I will not send these documents in the mail and require that the records be picked up from my office to ensure confidentiality. Please note that when you take possession of a copied mental health record, I am not able to secure the privacy of that record as it is in your possession.

### **CONFIDENTIALITY**

My policies about confidentiality, as well as other information about your privacy are fully described in a separate document that you received entitled "Notice of Privacy Practices." You have been provided a copy and we have discussed the limits of confidentiality. Please note that I can not guarantee any confidentiality through email communications, and recommend that you not contact me via email other than for scheduling reasons. If you have any further questions at any point in your care, we can have an open discussion at any time.

Therapy sessions with me are strictly confidential, however there are some circumstances when disclosure can occur without your prior consent. The following are possible situations that may limit confidentiality:

1. a) For purposes of supervision or consultation
2. b) Concerns that a client is a danger to himself/herself or someone else
3. c) The disclosure or suspicion of abuse, neglect, or exploitation of a child, elderly, or disabled person
4. d) The disclosure or suspicion of sexual misconduct or unethical behavior of another mental health professional
5. e) Ordered by the court to disclose information
6. f) Written consent to the release of information by the client/their parent/guardian
7. g) Otherwise required by law to disclose information.

### **MINORS & PARENTS (SEE ADDENDUM BELOW)**

Clients under 14 years of age who are not emancipated and their parents should be aware that the law allows both parents to examine their child's records unless there is court documentation to indicate otherwise or I decide that such access is likely to injure the child, or we agree otherwise. Since parental involvement in therapy is important, it is my policy to request an agreement between a child client between 14 and 18 and

his/her parents allowing me to share only general information about the progress of the child's treatment and his/her attendance at sessions. This means, for example, that I would not share information regarding drug/alcohol use or the sexuality of the minor. If requested, I can provide parents with a summary of their child's treatment when it is complete (see the above information under Records and Documentation). Any other communication will require the child's authorization, unless I feel that the child is in danger of killing him- or herself or is a danger to someone else, in which case, I will notify the parents. Before giving parents any information, I will discuss the matter with the child, if possible, and do my best to handle any objections he/she may have.

### **SPECIAL CONSIDERATIONS FOR PARENTAL DISPUTES/DIVORCE**

When working with children of divorced families, I require a copy of the current, standing court order(s) that demonstrate custodial rights of each parent; or a parenting agreement that has been signed by both parents and a judge before I begin work with a child and/or family. The parent who is initiating counseling services must have legal authority to make medical decisions for the child. It is the parents and/or legal guardian's responsibility, not this therapist's to inform the other parent of the child's involvement within counseling. It is usually in the child's best interest to have both their parents and/or legal guardians be involved in their counseling if possible, therefore I will make every effort to involve both parents within the process of counseling and am available for consultation to each parent should the need arise. I will always offer and encourage opportunities for both parents and/or legal guardians to be involved throughout the counseling process.

It is very important for parents and legal guardians to recognize that when I am working with your child, my role is to provide counseling services to your child. This means that my role is to be solely focused on the best interests of the child; I will not allow myself to become allied with any particular disrupting party and/or familial side. Please be aware that any information that is shared with me regarding another parent or individual involved with the caring of the child will become a part of the clinical record and might be shared at some point with the other party.

I ask that you respect your child's time with me. Should you find it necessary to provide me with updates at the time of your child's session, please talk with me about such so that we can figure out the most appropriate way to manage such and limit any disruption that your updates might have upon your child's therapy session.

At times, parents who are involved in divorce or custody disputes have difficulty maintaining an appropriate decorum in the waiting room or office. Out of concern for your child, parents are reminded to behave respectfully to one another in my office and in this building. If parents do not behave in a civil manner, they may be required to attend sessions separately, end a session or we may even terminate services to spare your child.

### **COURT RELATED CASES (SEE ADDENDUM BELOW)**

There may be a time during your treatment that either yourself or your child for who I am providing services may have me subpoenaed to court for the purpose of litigation. I generally ask that my clients waive their right to subpoena me to court for any reason if possible. It is my desire and ethical obligation to preserve the confidentiality and trust that is established in the counseling and therapeutic relationship between myself as therapist and client, whether child or adult. Having me and/or my records subpoenaed can damage this process, and could potentially have detrimental effects upon the relationship. I will not willingly attend court

or deliver my records unless a valid subpoena is issued. Please note that if you chose to subpoena me to court at any time that you will be responsible for all charges involved. Court related services are not covered by insurance.

Court expenses can sometimes include the following and all will be subject to fees for service: Research and reporting writing, Depositions, Travel time and Lodging (if more than 90 minutes away from my office), Communication requested by attorneys and/or other professionals and individuals involved within the case, Making copies or records, Parking, Etc. In the event that I must seek legal consultation regarding any issues involving you and/or your child, please note that you will be responsible for any charges incurred.

Please be aware that I am not a custody evaluator which means that I will not provide any recommendations on custody matters pertaining to your child and/or your family. I can refer you to a custody professional who is able to provide custody evaluations should that need arise. Occasionally, I am asked by a parent and/or legal guardian's attorney to provide records or testimony about treatment to the court. Such a request constitutes as a "dual-role" relationship. A "dual-role" relationship meaning that I would be expected to provide services for conflicting roles (i.e., parents witness and child's therapist). Such a request could ultimately disrupt and damage the therapeutic relationship and bond between therapist and child, therefore it is my policy to not engage within such. I have an ethical duty and responsibility to refrain from such situations. In cases where the court has appointed a custody evaluator, guardian ad-litem or parenting coordinator, I will provide information as needed assuming that all appropriate releases of information have been signed or that a court order has been provided to me.

#### **PLAY THERAPY CLIENTS**

Please be sure that your child is prepared to participate in play therapy sessions by taking them to the restroom before the session begins. Also, it is suggested that the child be dressed in clothing that allows the child to move freely and that is allowed to get messy, as in play therapy sessions art supplies and art materials are frequently used and may get on or stain their clothing. I also ask that children not bring any food and/or drink into sessions with them as such could serve as a distraction during the play therapy sessions. When an individual session with the child is scheduled, it is my policy that the time scheduled be used only for the child. I ask that when parents need to discuss their child's progress in therapy, provide information or ask a question, that they communicate with me via the provided weekly play therapy form or by scheduling another session with me outside of the child's time.

#### **WEAPONS**

During appointment times, there are no weapons of any kind allowed in the building or on the premises. Communications of threat to staff, employees or other consumers is prohibited. Brandishing of firearms with or without a Concealed Weapons Permit is strictly prohibited. Only weapons allowed on property are those being carried by active duty law enforcement in uniform.

#### **WEATHER POLICY**

In case of inclement weather, I follow the Chesterfield County Schools official delays and closings. If the county's public schools are closed, you can automatically assume that your session will be cancelled that day unless you hear from me otherwise. You do not need to call the office to inquire. For the Chesterfield County School's decision listen to your local radio station, tune into your local news station or log on to <http://mychesterfieldschools.com> for closing and delays.

### **AUDIO RECORDING DEVICES**

To ensure confidentiality and privacy, any type of electronic recording is strictly prohibited within these offices. My policy is that all audio recording devices including cellphones be turned off during sessions. Please note that if you refuse to stop the recording, it is within the purview of the practice to require you to leave the premises. Thank you for your understanding and compliance

### **TYPES OF PAYMENT ACCEPTED**

Cash, check and most major credit cards accepted for payment. Please note that no change is kept on the premises.

### **ENDING THERAPY**

Some clients benefit most from a brief involvement in therapy whereas others will find an extended length of time more valuable. I am committed to working with you as long as the therapeutic process is productive and healthy. I am available at any time during the therapy process to discuss concerns you may have regarding the ending of your therapy. The process of ending therapy may be equally as significant as the work you accomplish during the course of your therapy. The ending of therapy will have the most impact when it evolves from a partnership between client and therapist. It is most productive if you can address the ending of your therapy over the course of several closure sessions.

If I do not have contact or communication from you for a period of 30 consecutive days, I will assume that you no longer intend to remain active in this therapy relationship and your case will be closed. You have the option, however, to contact me again any time in the future to discuss continuing psychotherapy with me.

### **OTHER RIGHTS**

If you are unhappy with what is happening in therapy, I hope you will talk to me about it so that I can address your concerns. I will handle your concerns with respect and diligence. You may also request that I refer you to another therapist and you are free to end therapy at any time. You have the right to considerate, safe, and respectful care, without discrimination as to race, ethnicity, gender, sexual orientation, age, religion, national origin, or your source of payment. You have the right to ask about any aspects of therapy and about my training and experience. You have the right to expect that I will not have sexual or social relationships with clients or with former clients.



## CONSENT TO PSYCHOTHERAPY

Please initial indicating your understanding and agreement to the following:

\_\_\_\_\_ I have read and understand the informed consent document here and agree to voluntarily enter myself and/or my child into counseling services at Compassionately Rooted Counseling and Therapeutic Practices.

\_\_\_\_\_ (If applicable) I have managing conservatorship or legal guardianship over my minor child. If child is named in a court document, I have produced the legal documentation to provide such. I agree to promptly notify the therapist should my legal status as a parent or guardian over the above minor child change.

\_\_\_\_\_ I have been provided with a copy of the Notice of Privacy Practices (HIPPA).

**YOUR SIGNATURE BELOW INDICATES THAT YOU HAVE READ THIS AGREEMENT AND AGREE TO ITS TERMS**

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Legal Guardian

\_\_\_\_\_  
Date

I, the therapist, have met with this client and/or his or her parent or guardian for a suitable period of time, and have informed him or her of the issues and points raised in this document. I have responded to all of his or her questions. I believe that this person is fully competent to give informed consent to treatment. I agree to enter into therapy with the client, as shown by my signature here.

\_\_\_\_\_  
Scott W. Mates, LCSW

\_\_\_\_\_  
Date

Licensed Clinical Social Worker # 0904008309

Registered Play Therapist

Copy accepted by client  Copy kept by therapist

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## NOTICE OF PRIVACY PRACTICES RECEIPT AND ACKNOWLEDGEMENT OF NOTICE

CLIENT NAME: \_\_\_\_\_

CLIENT DOB: \_\_\_\_\_

CLIENT SSN#: \_\_\_\_\_

I hereby acknowledge that I have received and been given the opportunity to read a copy of Scott W. Mates, LCSW, DBA: Compassionately Rooted Counseling and Therapeutic Practices' *Notice of Privacy Practices* and *Informed Consent for Psychotherapy*. I understand the limits of confidentiality as they were provided to me in writing and explained verbally. I understand that if I have any questions regarding the Notice or my privacy rights, I can contact: Scott W. Mates, LCSW at (804) 464-7202.

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Legal Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Scott W. Mates, LCSW  
Licensed Clinical Social Worker # 0904008309  
Registered Play Therapist

\_\_\_\_\_  
Date

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## CREDIT CARD AUTHORIZATION

If you have any concerns regarding any part of this fee structure or payment/billing policy, please discuss it with me as soon as possible. This form will be stored in a secured clinical file and updated upon request at any time. Below is necessary even if you do not intend to pay for copayments and services using a credit card, in our effort to secure the missed appointment fees or forgotten payments as agreed upon in the Informed Consent Agreement. A deposit check in the amount of one full session (\$140 may be made in lieu of storing your credit card payment). At the end of your service agreement, if you have not had to use the \$140 check deposit, it will be returned to you at the end of clinical services once all balances have been settled.

By signing this agreement, I am authorizing Scott W. Mates, LCSW, to bill my credit card for professional services rendered to the "Client" that are not paid at the time of services or for situations that are under the late/missed appointment fees policy. I agree that I will not dispute valid charges which may include, but are not limited to:

- **A late cancellation fee of \$70.00 if the session is cancelled or rescheduled with less than the 24-hour notice as outlined in the Consent to Treatment Agreement. \_\_\_\_\_ (Please initial here)**
- **A no-show fee of \$140.00 for not showing to a scheduled appointment without said notice, as outlined in the Consent to Treatment Agreement. \_\_\_\_\_ (Please initial here)**
- **Telephone contact in excess of 10 minutes that is associated with services that will be prorated in 15 minute increments of hourly rate of \$140/hour. \_\_\_\_\_ (Please initial here)**
- **Completing forms such as Medical/FMLA/disability paperwork per your request that are prorated in increments of my hourly rate of \$140/hour. \_\_\_\_\_ (Please initial here)**
- **Any fees associated with the writing of letters, preparation of documents and/or any court related fees as outlined in the Consent to Treatment Agreement and the Court Appearance Policy. \_\_\_\_\_ (Please initial here)**

Checks that are returned will incur a fee for the amount of the check and a \$50 bank fee or equal to what is charged to Mr. Mates' business account by the financial institution for the returned check.

Credit Card Type (Please Circle):    Visa    MasterCard    American Express    Discover

CC#: \_\_\_\_\_ EXP DATE: \_\_\_\_\_ CVV CODE: \_\_\_\_\_

Name as Printed on the Card: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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## Financial Agreement and Credit Card Authorization Form

### FEE SCHEDULE:

Therapy Intake session \$160.00  
Individual or Family therapy session \$140.00  
Late therapy cancellation (less than 24 hours) \$70.00  
Missed therapy appointment (no-show) \$140.00  
Court Appearance Retainer \$ 750.00  
Court Appearance Fee/Depositions per hour \$300.00  
Phone Consultation/Professional Fees per hour \$140.00

### INSURANCE PROCESSING

In accordance with the services that will be provided by Scott W. Mates, LCSW, I hereby agree and authorize my insurance company to pay this agency in full for services rendered in accordance with my medical benefits as agreed to in my insurance policy. I hereby authorize Scott W. Mates, LCSW to release to my insurance company any information necessary for seeking reimbursement for the services listed below.

My insurance company is \_\_\_\_\_.

The amount of my co-payment is \$\_\_\_\_\_ as assigned by my insurance company.

Direct Rate is \$\_\_\_\_\_.

Your insurance company may require that you pre-authorize your treatment with us prior to your visit. It is your responsibility to monitor insurance benefits, deductibles, as well as effective and termination dates of coverage. You should carefully read the section in your insurance coverage booklet that describes mental health services. If you have any questions, please contact your plan administrator.

By signing below, the undersigned affirms that he/she has read, understands and agrees to the finance agreement as outlined above. I authorize my insurance company to make payments directly to Scott W. Mates, LCSW for services rendered.

Printed Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Insurance Decline / Self Pay**

**If you do not wish to use your insurance to cover and or reimburse you for the cost of psychotherapy services, please read, sign and date below:**

I hereby **do not** authorize Scott W. Mates, LCSW to release to my insurance company any information necessary for seeking reimbursement for the services listed below.

Printed Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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## Consent to Photograph and Store Expressive Arts

I, Scott W. Mates, LCSW and Registered Play Therapist with Compassionately Rooted Counseling and Therapeutic Practices am committed to providing quality assessment and treatment services to individuals, families and children. As part of this commitment, I often seek out consultation with other professionals and colleagues whom share my similar clinical background and expertise. Assessment tasks and treatment services are significantly enhanced by the use of photographing and storing expressive arts products, including photographs of sand trays scenes and scenarios, drawings, or storage of arts and crafts. Pictures may be taken for one of the two specific purposes:

- *Supervision/Continuing Education:* Photographs of art or sand trays assist in reviewing and documenting thematic materials following an individual's session, promoting a more in depth exploration of the work completed which may include soliciting peer feedback and consultation, or me sharing these pictures with my supervisors for feedback and guidance.
- *Teaching and Training:* Reviewing specific portions of photographed expressive arts products aids in teaching and demonstrating specific therapeutic techniques.

I ensure that these photographs will not include any identifying information or pictures of the individual who engaged within the expressive arts activity. All identifying information is removed prior to using the materials for the above purposes. All photos of art and sand tray scenes are identified by number to conceal and protect the identify of the client, and to ensure confidentiality prior to their use in teaching and training. Your consent is completely voluntary., and non-participation will not interfere with the assessment or therapy service that you have requested.

\_\_\_\_ I have read the above consent form and have have the opportunity to ask questions which been answered to my satisfaction.

\_\_\_\_ I agree to allow my or my child's expressive therapy work (sand tray or art) to be photographed and used for the following purposes: Supervision/Continuing Education, Teaching and Training.

\_\_\_\_\_  
Client name (please print)

\_\_\_\_\_  
Client signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Legal guardian name (please print)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Legal guardian signature

\_\_\_\_\_  
Date

# COMPASSIONATLEY ROOTED

COUNSELING AND THERAPUTIC PRACTICES

SCOTT W. MATES, LCSW

1901 Huguenot Road Suite 310

North Chesterfield, VA 23235

Scottmateslcsw.com

P: (804) 464-7202

F: (804) 414-7742

Scottmateslcsw@gmail.com

## AUTHORIZATION TO COUNSEL MINOR CHILD

I (We), \_\_\_\_\_ give my (our) permission to  
[Name of Parent(s) or Guardian]

Scott W. Mates, LCSW to see my our son/daughter,

\_\_\_\_\_ for counseling with and/or (Name of Minor  
Child)

without me being present in the same session. I (We) understand that we are the holder of confidential privilege – the right to withhold disclosure or private counseling information about my child. However, in the interest of developing a trusting relationship between the therapist and my (our) child(ren), I (we) give the therapist permission to reveal or withhold information which, in his clinical judgment, is necessary to protect my (our) minor child. The only exception to this discretion would be in the case of:

***Concerns that the child is a danger to himself/herself or someone else***

***The disclosure or suspicion of abuse, neglect, or exploitation of a child, elderly, or disabled person as it pertains to the child***

***The disclosure or suspicion of sexual misconduct or unethical behavior of another mental health professional as it pertains to the child***

***Ordered by the court to disclose information***

***Otherwise required by law to disclose information***

Please initial here \_\_\_\_\_

I(We) have legal custody of the child and have authorization to provide counseling for the child named above and accept the responsibility to provide any documentation supporting such should it be requested by Scott W. Mates, LCSW.

Yes \_\_\_\_ No \_\_\_\_

Does another person or party have the authority to provide consent for medical and mental health treatment?

Yes \_\_\_\_ No \_\_\_\_ (if yes, please list here: \_\_\_\_\_)

Is the consent of this other person or party required for treatment to begin? Yes \_\_\_\_ No \_\_\_\_

**YOUR SIGNATURE BELOW INDICATES THAT YOU HAVE READ THIS AGREEMENT AND AGREE TO ITS TERMS.**

\_\_\_\_\_  
Parent/Legal Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Legal Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Scott W. Mates, LCSW  
Licensed Clinical Social Worker # 0904008309  
Registered Play Therapist

\_\_\_\_\_  
Date



# COMPASSIONATLEY ROOTED

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## Court Action/Legal Fees

There may be a time during your treatment that either yourself or your child for who I am providing services may have me subpoenaed to court for the purpose of litigation. Please be aware that I can only testify to the facts of the case and to my professional and clinical opinion. This does not guarantee that testimony will be solely in your favor. The same is true for record requests for the purposes of litigation. Furthermore, when I must go to court, all clients that are scheduled with me for that day will then need to be rescheduled, therefore fees are assessed to make up for lost revenue and my time away from work. These fees are usual and customary, and within the State of Virginia guidelines. **None of these fees are billable to your insurance, and you carry the financial responsibility of the client and/or requestor.**

If I am to receive a subpoena, then the attorney or office staff must contact me to set up a time within business hours to serve the subpoena. A **minimum of 72 hours** will be requested in order to accommodate and schedule changes. **Any requests that are received with less than 72 hours will be assessed a rushed fee (\$300.00).**

Fees for the purpose of court action are as follows:

\$300/per hour (billable in 15 minute increments)

\$0.54/per mile for travel or IRS federal reimbursement rate at the time of travel

\$150 Fee for filing documents with the court

\$750 Court Retainer (due 72 hours in advance)

(Additional cost for lodging and stay should I need to travel more than 90 miles from my office)

Please be aware that the following guidelines apply:

- Scheduling a court appearance must be done at least 72 hours in advance of the court date, and payment for court retainer is due at the time of scheduling.
- Fees for my time in court is \$300 per hour and does not include mileage and travel expenses (if necessary), consultation with your attorney(s), filing documentation with the court or requested written reports or statements.
- The court retainer of \$750 is required for any court testimony or appearance, regardless of the actual time spent, or if the case is cancelled or postponed when I arrive in court.
- The fee to block an entire day of mine from 8:00 a.m. to 6:00 p.m. is \$1300.

- Unless you have me block an entire day for court appearance, I will estimate an amount of time reasonable to accomplish the court appearance you are requesting. If your case is postponed or delayed on the day of appearance, and you have not guaranteed my presence for the entire day, I will only be available for the estimated time.
- If the court appearance is cancelled less than four (4) days prior to the appearance, the court retainer fee of \$750.00 will still apply.

The court retainer fee will be due 72 hours before any requested court appearance. The remainder will be billed to the client and is due within 30 days of receipt of invoice. If I am subpoenaed and any scheduling changes take place regarding your case (cancellation/ postponement) less than 4 days prior to my scheduled appearance, the court retainer fee of \$750 still applies. There may be times that I am out of town, and therefore during these times will be unable to accommodate requests for court appearances.

**YOUR SIGNATURE BELOW INDICATES THAT YOU HAVE READ THIS AGREEMENT AND AGREE TO IT AND ALL OF THE LISTED TERMS**

\_\_\_\_\_  
Client name (please print)

\_\_\_\_\_  
Client signature (If Applicable)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Legal guardian name (please print)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Legal guardian signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Scott W. Mates, LCSW  
Licensed Clinical Social Worker # 0904008309  
Registered Play Therapist

\_\_\_\_\_  
Date

# COMPASSIONATELY ROOTED

COUNSELING AND THERAPUTIC PRACTICES

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## CLIENT MEDICAL INFORMATION SHEET

NAME: \_\_\_\_\_  Male  Female DOB: \_\_\_\_\_

NAME OF PCP: \_\_\_\_\_ P: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

NAME OF PSYCHIATRIST: \_\_\_\_\_ P: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

### CURRENT MEDICATION LIST:

MEDICATION NAME	DOSAGE	REASON	PRESCRIBER
1.			
2.			
3.			
4.			
5.			

You may use the back of this sheet if you need more room Medications listed on the back  Yes  NO  
You may also attach a medication list.

PLEASE LIST YOUR ALLERGIES TO FOOD AND MEDICATIONS:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

PLEASE LIST YOUR MEDICAL CONDITIONS:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

By signing below, I attest that this information is accurate to the best of my knowledge.

\_\_\_\_\_  
Client/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Scott W. Mates, LCSW  
Licensed Clinical Social Worker # 0904008309  
Registered Play Therapist

\_\_\_\_\_  
Date

MEDICATION NAME	DOSAGE	REASON	PRESCRIBER
6.			
7.			
8.			
9.			
10.			